

# Mesa Komal Culinary Incubator

Our culinary incubator, Mesa Komal, provides food entrepreneurs with access to an affordable, licensed kitchen. Mesa Komal features immigrant and non-immigrant food entrepreneurs alike as they work to expand a food business—whether it be catering,

a food truck, or wholesale. During the pandemic, we secured opportunities for Mesa Komal chefs to work with relief organizations and provide prepared meals to the community, and connected them with financial assistance.

13

resident culinary entrepreneurs

11

new culinary businesses started



# Financial Empowerment Center

Through a partnership with the Mayor’s Office and United Way of Greater Nashville, the Financial Empowerment Center at Conexión Américas provides bilingual financial counseling for community members experiencing financial trouble or those simply wanting to make sure they’re on the right track as they manage bills, work through debt, improve credit scores, create

a budget, or navigate financial insecurity during the pandemic. Limited digital literacy and access brought challenges, but our team addressed these by adding more personalized texting and phone support, creating informational videos, and expanding our outreach.

71

individuals participated in 141 one-on-one financial counseling sessions

7

individuals participated in a group financial counseling workshop

9

families assisted with powers of attorney